

Possible Contraindications and Special Instructions before scheduling your Laser Treatment- (Laser Hair Removal, Fotofacial- RF/IPL and any other laser treatment)

If you are a new patient to the medical spa, please also print, completely fill out and sign the following forms to bring with you to your appointment:

- *Medical Spa Guest Profile*
- *HIPAA Release*
- *Notice of Privacy Practice (this is yours to keep)*

1. Laser hair removal does not work well, and may not work at all on white, blonde, very light or gray hair. If you have unwanted hair that is light in color, you may not have hair reduction from laser hair removal. **PLEASE READ THE LHR CONSENT FORM BEFORE SCHEDULING. Consent must be signed in office but read before coming in to avoid having to be rescheduled.**

2. If coming in for laser hair removal treatment, shave the area to be treated the night before your laser treatment.

3. If having laser hair removal, no tweezing, waxing, plucking, threading or anything else that removes the hair from the follicle by the root.

4. Must be off all medications that cause photo-sensitivity, including antibiotics for at least 7 days.

5. Must stop using prescribed topical medications at least 4-7 days prior to laser treatments on the face, including Retin-A, Hydroquinone, acne medications.

6. Must not be on Accutane for 6 months prior to laser treatment.

7. Must not have prolonged sun exposure two weeks prior to a laser treatment, including tanned skin, and two weeks post laser treatment.

8. Must not have any self tanner on area to be treated.

9. Must not be pregnant, trying to get pregnant, or nursing.

10. Must not be prone to seizures or have epilepsy for IPL and V-beam treatments. For all other laser treatments, please tell your laser technician if you are prone to seizures and/or have epilepsy.

11. Patients prone to fever blisters or cold sores can request a preventative oral medication prior to a treatment and should do so at least a week prior to appointment.

12. Must wait 3 weeks after getting Botox, facial fillers/injectables before receiving any laser treatments/IPL on the face.

13. May need to wait 1-3 weeks after microdermabrasion, chemical peels, or other laser/light treatments before receiving a laser treatment on the face.

14. Must notify us before scheduling if you have a pacemaker and may not be able to receive laser treatments.