

Possible Contraindications and Special Instructions before scheduling your Laser Treatment (Laser Hair Removal, IPL or Fotofacial-RF and any other Laser Treatment)

1. Must be off all medications, including OTC medications and/or supplements that cause photosensitivity, and off all antibiotics for at least 5-7 days. *(Please call and ask to speak with a laser technician if you are unsure, or ask your physician if the medication you are taking causes photosensitivity. Many OTC vitamins, supplements and other medications can cause photosensitivity and can cause adverse reactions to laser treatments.)*
2. Must stop using prescribed topical medications at least 4-7 days prior to laser treatments on the face, including Hydroquinone, Hydrocortisone, Tazorac, Retin-A, Hydroquinone, acne medications and possibly retinols, exfoliants or other anti-aging products. (It is best to follow a simple home skin care product regimen 4-7 days before your procedure if you are unsure. This may include a mild/gentle cleanser, moisturizer and sunscreen. Please call if you have any questions).
3. Must be off Accutane for 6 months before laser treatment.
4. Must not have prolonged sun exposure before laser treatments, including tanned skin. Must not have sun exposure two weeks post laser treatments.
5. Must not have any self tanner on area to be treated.
6. Must not be pregnant, trying to get pregnant, or nursing.
7. Must not be prone to seizures or have epilepsy for IPL and V-beam treatments. For all other laser treatments, please tell your laser technician if you are prone to seizures and/or have epilepsy.
8. Patients prone to fever blisters or cold sores can request a preventative oral medication prior to a treatment and should do so at least a week prior to appointment.
9. Must wait 3 weeks after getting Botox, facial fillers/injectables before receiving any laser treatments/ IPL on the face.
10. May need to wait 1-2 weeks after microdermabrasion, chemical peels, or other laser/light treatments before receiving a laser treatment on the face.
11. Must notify us before scheduling if you have a pacemaker and may not be able to receive laser treatments.

LASER HAIR REMOVAL PATIENTS:

In addition to all that is mentioned above, please also be aware of the following:

- Laser Hair Removal does not work well, and may not work at all on white, blonde, very light or gray hair. If you have unwanted hair that is very light in color, you may not have reduction from laser hair removal. We offer free consultations to determine if you are a good candidate for this treatment. If you would like a consultation before scheduling a treatment, please let us know.
- Shave the area to be treated the night before your laser treatment for best results.
- No tweezing, waxing, plucking, threading, or anything else that removes the hair from the follicle by the root at least 4 weeks before your laser hair removal treatment.